



10 Keys to Build an International & European Career

Core Competences for International & European Careers

1 Follow your own path

There is no single path to an international career. Focus on your aspirations and the impact you want to make.

2 Understand career diversity

International careers extend beyond EU institutions and include NGOs, diplomacy, academia, and international organisations.

3 Think outside the box

Remain open to unconventional opportunities and creative professional trajectories.

4 Build your network early

Professional relationships often start during university and shape future opportunities.

5 Gain practical experience

Internships, volunteering, and student associations bridge theory and practice.

6 Commit to lifelong learning

Continuously update your knowledge and adapt to evolving professional environments.

7 Be proactive

Take initiative and actively contribute in internships and projects.

8 Be rigorous

Develop strong analytical and critical thinking skills.

9 Stay curious

Explore different sectors and cultures to broaden your perspective.

10 Master cultural codes

Understanding institutional culture and etiquette is essential.